

# 3rd Annual Frank Allocco High School Coaching Clinic

## Concepts and Drills to Build a Winning Program

This "tell all" Clinic focuses on vital topics of coaching basketball and will help you approach your season armed with knowledge and confidence. Six hours of instruction and interaction with on court demonstrations.

### Clinic Topics - Saturday, October 14th

- 8:30-9:00 **Registration**
- 9:00-9:45 **Developing Your Team Mentality**  
Culture Creation, Getting "buy-in," Playing Hard/Creating Habits
- 9:50-11:05 **Packline Defense**  
Incorporating Pressure and defensive attack to the protection of the Packline.
- 11:10-12:00 **Half Court Offense**  
Offensive Concepts that work and should be a part of your attack
- 12:00-1:00 **Lunch**
- 1:00-2:00 **Defending Common Offensive Action**  
Working on your opponent's actions every day, preparation is key!
- 2:05-2:50 **Team Shooting Workouts**  
Fun, challenging daily drills to give you an edge on your opponents
- 2:55-3:40 **Using Disadvantage Drills to Build Your Team**  
Develop players who think quicker and make better decisions
- 3:40-4:00 **Open Forum: Your time to Explore**  
How can I help you win? Ready to share it all!

**Cost:** Pre-registration cost for the 6 hour clinic is \$55.00.

Pre-registration ends 3 days before start of clinic.

After that time, registration is \$65.00.

Each participant will receive a comprehensive packet of drills.

**Location:** The clinic will be conducted on Saturday, October 14th at  
The Ultimate Fieldhouse, 2675 Mitchell Drive, Walnut Creek

### A Note From The Clinician

#### Coach Frank Allocco, Sr.

Associate Head Coach-University of San Francisco 2016  
Lead Clinician-Belgium Basketball Coaches Association 2016  
Basketball USA Clinician-Portland, Oregon 2016  
McDonald's All-American Coach: 2014  
Lead Clinician: Shanghai, Top 36 Players in China: 2014  
National Catholic High School Coach of the Year: 2012  
National High School Coach of the Year: 2000  
North Coast Section Honors Coach: 2004  
Head Coach, Michael Jordan All American Classic: 2006  
California State Coach of the Year: 2010, 2011  
Head Coach, Academic All American Game: 2010

*"You can't become a great teacher until you become a great student." Coach Allocco*

After 40 years of coaching at the elementary, high school and collegiate level, I have decided to accept a new challenge as the Senior Associate Athletic Director at the University of San Francisco. My new position allows me to be totally involved with coaches and players and to be completely transparent and "open up the door" to the techniques that helped me to create consistent State Championship Programs at a public school and at a private school.

I thoroughly enjoyed sharing information with the coaches who attended in 2016 and am excited to disseminate some new theories and innovative concepts that I have learned in the past year. This clinic is guaranteed to help you grow your coaching skills.

**Visit our website at: [www.excelinbasketball.com](http://www.excelinbasketball.com)**

Please cut and return with your check or register online

## 2017 Coaches Clinic Application: Saturday, October 14

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-Mail \_\_\_\_\_

High School Team \_\_\_\_\_

Level That You Coach \_\_\_\_\_

**By Mail:** complete application & send check for \$55.00 payable to Excel in Basketball, 1370 Golden Leaf Way, Concord, CA 94521

**Online:** [Click here for online registration](#)

\$55.00 Tuition payment is enclosed  
Remember, Registration at the door is \$65.00

**For additional information contact Brian Sullivan**  
email: [excelcamp@gmail.com](mailto:excelcamp@gmail.com) • Phone: 925-768-8881

Please provide a legible email address as all receipts and information will be sent by email.  
Each participant will receive a packet of instructional drills.