

Excel in Basketball Camp Legend



Sharon Engelmeier

5'7" Guard

Northgate High School, U.S. Military Academy

Excel Career: Sharon's toughness and attitude was on display every day at camp. She had a "never quit" attitude and gave unbelievable effort at camp each day. A talented guard on both ends of the court she had a great career at Northgate High School before accepting a nomination to the U.S. Military Academy

Career: Sharon was a two year letter winner at the Military Academy from 1998-2000 but her contribution to our country continues as Captain Sharon Engelmeier defended our freedom in Afghanistan. She is still one of the hardest working people you would ever meet. In September of 2011, she competed in the Army Leadership Challenge, a competition that begins with a run, 300 meter swim, run with a full sandbag, followed by a canoe race and final run with a 35 pound "rucksack run" to the finish line. All in full military uniform! Captain Englemeier continues to be the embodiment of what a great teammate should be.

Excel Awards Won:

Outstanding Player, WNBA: 1996

One on One Champion: 1994, 1995

Best Defensive Player, WNBA: 1995

All Star Selection: 1994, 1995