

Excel in Basketball Camp Legend



James Norris

6'7" Wing

Mount Diablo High School, U.S. Naval Academy

Excel Career: James was a terror on the Excel Courts at Mt. Diablo High School. James had a fantastic outside shot and a repertoire of inside moves that made him impossible to guard. James attended Excel throughout his high school years and credited his time with the Excel staff as the “best learning experience a player could have.” His summers at Excel had him ready to step up and compete at the Division I Collegiate level in his first season at the Naval Academy

Career: James played for legendary coach Don DeVoe at the Naval Academy. He started in his freshman season, averaging 6.7 points per game and is 16th on the All Rookie squad in scoring at the Naval Academy. James was a force in the paint throughout his career and was one of the leading rebounders throughout his four year varsity career.

Excel Awards Won:

Outstanding Player, NBA: 1988

All Star Selection: 1988, 1989, 1990

One on One Champion: 1988