

Excel in Basketball Camp Legend



Rick Croy

6'3" Guard

Northgate High School, San Francisco State University

Excel Career: Rick is one of the original "Excel Legends." Rick began attending camp in 5th grade and it quickly became his summer passion. He was one of the hardest working players in history and prior to his junior season at Northgate Rick decided to be "all in" and commit himself to becoming the best player he could be

Career: . Rick was one of the leading scorers on the Northgate State Championship team, a deadly three point shooter and solid ballhandler and defender. He earned a scholarship to San Francisco State University where he was the team captain, holds the school record for most three pointers, third in assists, and 8th in scoring. He was named to the All California College Athletic Association team three times. Rick became the youngest assistant coach in the country when he worked at UC Riverside. He went on to coach Citrus College where his Owls won the first state championship in school history. Coach Croy was an Assistant Coach at St. Mary's College before he assumed his current position as the Head Coach of Cal Baptist University.

Excel Awards Won:

Free Throw Champion: 1989

One on One Champion: 1987, 1988, 1989, 1990, 1993, 1994

All Star Selection: 1988, 1989, 1990, 1993, 1993, 1994, 1994